

My Heart is the Churning Sea

for flute, harp, and viola

JESSICA MEYER

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4'

PROGRAM NOTE

Since the beginning of 2021 I have been going out to Montauk, NY quite regularly in the off-season. Every morning, I can be seen jogging across Old Montauk Highway in order to catch the sunrise on time, and many of my works have been conceived on that stretch of beach between 12M and 8M. On September 13th, 2023 I witnessed some amazing waves all morning as Hurricane Lee started to work its way up the east coast. I showed one of these photos to the folks of the Hat Trick Trio and we had the genesis of this piece.

My favorite moment of the Debussy trio for the same instrumentation has always been the third movement, and I deeply love every chance I get to rock out those jazzy rhythms and flourishes as a violist. Having known David "Doc" Wallace for many years since our Juilliard days, I knew he was looking for a juicy and groovy viola part that he could sink his teeth into and I was more than happy to oblige. April is also a colleague from our conservatory days, and I was excited to write for all the colors she can create on her instrument. Finally, I have been waiting quite a while to write for the harp, and I am deeply thankful to Kristi Shade for showing me the ins and outs of her instrument and her collaborative patience while I wrote this work.

It was a pleasure to write this fun little roller-coaster of a piece inspired by the waves and how they can represent all of the intense feelings the heart can feel.

My Heart is the Churning Sea

Commissioned by the Hat Trick Trio

JESSICA MEYER

♩ = 55 Questioning

Flute

Jet

shhhhh

ff *p* < *mf* > *p* *mf* > *pp* *p* *ff*

Viola

fp *f fp* *ff*

Harp

**lowest harp string tuned to a C#

p *mp*

5 ♩ = 65

Fl.

mf *ff*

- use open strings whenever possible
- glissando is for the duration of note value

sul pont

ord whole step

Vla.

fp *gliss.* *fp* *f*

Hp.

ord

hit strings, tam-tam effect l.v.

fff

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3 ♩ = 70

7

Fl.

Vla.

Hp.

ff 3

ff 3

strum:
thunder-effect

l.v. through cadenza

fff

9 *Viola Cadenza....take all the time you want, surging forward and back*

Fl.

Vla.

Hp.

whole step

f

6

11

Fl.

Vla.

Hp.

3 3 6

ff

rit......

13

Fl.

Vla.

Hp.

mf

p

1 0 3 2 0 2 0

♩ = 140 ish **Unsettled, becoming Turbulent**

16

Fl. *pp* *mf* *pp* *ff* Jet

Vla. *p* alternate freely b/t open stg and fingered on C stg

Hp. pick up metal slide sounding pitches *mf* on F4

[illegible]

26

Fl.

Vla.

Hp.

knock on the bottom of harp

mf

27

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30

Fl.

Vla.

Hp.

mf *ff*

ord

32

Fl.

Vla.

Hp.

f

35

Fl.

Vla.

Hp.

The musical score is arranged in three systems, each containing staves for Flute (Fl.), Viola (Vla.), and Harp (Hp.).
System 1 (Measures 30-32):
- Flute: Measure 30 starts with a whole note, followed by a melodic line with slurs and a triplet. Measure 31 continues the melodic line. Measure 32 is a whole rest.
- Viola: Measures 30-32 feature a continuous pattern of triplets.
- Harp: Measure 30 has a whole rest. Measure 31 has a bass line with slurs and triplets. Measure 32 has a whole rest.
System 2 (Measures 32-34):
- Flute: Measures 32-34 are whole rests.
- Viola: Measures 32-34 continue the triplet pattern.
- Harp: Measures 32-34 have whole rests.
System 3 (Measures 35-37):
- Flute: Measures 35-37 are whole rests.
- Viola: Measures 35-37 continue the triplet pattern.
- Harp: Measures 35-37 have whole rests.

38

Fl.

Vla.

Hp.

continue to dampen during rests

41

Fl.

Vla.

Hp.

44

Fl.

Vla.

Hp.

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This musical score page contains measures 38 through 44. It is written for three instruments: Flute (Fl.), Viola (Vla.), and Harp (Hp.). The key signature has one sharp (F#), and the time signature is 3/4. Measures 38-40 show the Flute playing a melodic line with triplets and slurs, while the Viola and Harp provide a rhythmic accompaniment of eighth-note triplets. A box in the Harp part for measures 38-40 says "continue to dampen during rests". Measures 41-43 continue the patterns, with the Viola and Harp parts including glissando markings. Measure 44 shows a change in the Flute part, which now plays a sustained note with a slur, while the Viola and Harp continue their accompaniment. A large, diagonal watermark reading "Performance materials must be purchased via www.jessicameyermusic.com" is overlaid across the entire page.

47

Fl.

Vla.

Hp.

49

Fl.

Vla.

Hp.

51

Fl.

Vla.

Hp.

molto vib
sul pont
rock star

pizz.

fff

ff

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53

Fl.

Vla.

Hp.

6

3

3

3

3

Fl. 55

Vla.

Hp.

molto rit.....

6 6 3 3

a tempo

56

Fl.

fp

Vla.

ff

Hp.

mp

Surreal, otherworldly

10

60

Fl.

Vla.

Hp.

p

63

Fl.

Vla.

Hp.

p

arco

match flute color, poco sul tasto, not too much vib.

66

Fl.

Vla.

Hp.

69

Fl.

Vla.

Hp.

72

Fl.

Vla.

Hp.

75

Fl.

Vla.

Hp.

mp

p

mp

p

This musical score page contains three systems of music for measures 69 through 75. Each system includes staves for Flute (Fl.), Viola (Vla.), and Harp (Hp.). The Flute and Viola parts consist of long, sustained notes with phrasing slurs. The Harp part features a continuous pattern of triplets in the right hand, while the left hand remains mostly silent, indicated by rests. Dynamic markings of *mp* (mezzo-piano) and *p* (piano) are present in measures 75 and 76. A large, diagonal watermark reading 'For Perusal Only' is overlaid across the entire page.

78

Fl.

Vla.

Hp.

mf

p

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81

Fl.

Vla.

Hp.

mf

gliss.

mf

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84

Fl.

Vla.

Hp.

p

p

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Enthralled

87

Fl.

Vla.

Hp.

mf *ff*

G nat

gliss. 3 gliss. gliss.

gliss. just past upcoming pitch, play hand-over-hand, starting pitches do not have to be exact

89

Fl.

Vla.

Hp.

G #

gliss. 3 gliss. gliss.

91

Fl.

Vla.

Hp.

G nat

gliss. 3 gliss.

[illegible]

96 **Tempestuous**

Fl.

mf

f

gliss.

gliss.

ff

dampen during rests

1/2 step

must be purchased via www.3

100

Fl.

f

Vla.

gliss.

gliss.

Gnarly

ff

Hp.

104

Fl.

Vla.

Hp.

106

Fl.

Vla.

Hp.

108

Fl.

Vla.

Hp.

sub. f

f

The musical score is for measures 104 through 108. It features three staves: Flute (Fl.), Viola (Vla.), and Harp (Hp.). The Flute part consists of eighth-note triplets in measures 104-106 and sixteenth-note triplets in measures 107-108. The Viola part features sixteenth-note triplets in measures 104-106 and sixteenth-note triplets with accents in measures 107-108. The Harp part consists of eighth-note triplets in measures 104-106 and sixteenth-note triplets in measures 107-108. A dynamic marking of *sub. f* (subito forte) is present in measure 107 of the Viola part, and a dynamic marking of *f* (forte) is present in measure 107 of the Harp part. The score is watermarked with 'For Perusal' and 'Performance materials must be purchased via www.jessicameyermusic.com'.

whole step

110

Fl.

Vla.

Hp.

Overcome

112

Fl.

Vla.

Hp.

A# C#

A# C# D# G#

A# C#

115

Fl.

Vla.

Hp.

ff

Jet

ff

gliss.

3

gliss.

gliss.

gliss.

gliss.

gliss.

gliss.

ff

fp

sul pont

A# C# D# G#

117

Fl. *shhhhh* *p* *mf* *p* *mf* *pp* *ff*

Vla. *ord* *ff*

Hp. *pedal glisses* *ff* *gliss.* *gliss.*

120

Fl. *b_o.*

Vla. *gliss.* *3*

Hp. *Cb D# Eb F# Gb A# Bb* *ord straight gliss in one direction* *gliss.* *gliss.* *gliss.*

122

Fl. *b_o.*

Vla. *3* *3* *3* *3*

Hp. *gliss.* *gliss.*

[illegible][illegible]